



19<sup>TH</sup> EUROPEAN  
**WUSHU**  
CHAMPIONSHIPS

**MAY 3-5 • 2024**

**VIKTORIA HALL, STOCKHOLMSMÄSSAN  
STOCKHOLM, SWEDEN**

**FOR MORE INFO: [19THEWC.ORG](http://19THEWC.ORG)**



**WKFE** WUSHU KUNGFU  
FEDERATION OF EUROPE



**Stockholm**  
The Capital of Scandinavia

HOST: WUSHU KUNG FU FEDERATION OF EUROPE – LOCAL HOST: SWEDEN KUNG FU & WUSHU FEDERATION

# 19<sup>th</sup> European Wushu Championships

The 19<sup>th</sup> European Wushu Championships (19<sup>th</sup> EWC), organized by the Wushu Kungfu Federation of Europe (WKFE) and hosted by the Swedish Kung Fu & Wushu Federation (SKWF), is the official continental championship of the sport Wushu. The 19<sup>th</sup> EWC will be held in Stockholm (Sweden), between 2<sup>nd</sup> and 5<sup>th</sup> May 2024.

WKFE wishes to extend special thanks to SKWF for organizing this highly important event, allowing the athletes to compete at the highest level.

In response to the growing interest in traditional Wushu styles within our community, we have decided to include specific traditional styles in this year's championships. While we recognize the importance and popularity of traditional Wushu, it's essential to clarify that this event will primarily highlight modern Taolu routines.

To ensure clarity and maintain the integrity of the competition, only traditional styles explicitly mentioned in the regulations will be accepted for participation. This decision is made to strike a balance between honouring the diversity of Wushu styles and maintaining the focus of our event as a platform for modern Taolu excellence.

We believe this addition will enhance the overall experience for participants and spectators alike, offering a glimpse into the rich tapestry of Wushu while staying true to the core spirit of our championships.

We look forward to welcoming all participants and enthusiasts to this exciting event, where we will celebrate the artistry, athleticism, and passion that define Wushu.

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## 1. DATE AND LOCATION

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The 19th European Wushu Championships will take place in Stockholm, Sweden, on May 3-5.

All activities will take place in the venue Stockholmsmässan, Mässvägen 1, Älvsjö, Stockholm.

All hotels are located within walking distance of the venue.

## 2. SCHEDULE

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DATE	TIME	EVENT	PLACE
<b>April 30, Tuesday</b>	All day	Arrival judges	TBA
<b>May 1, Wednesday</b>	9–17	Judges course	TBA
<b>May 2, Thursday</b>	12:00 >	Arrival day, all teams	Hotels
	09:00-15:00	Judges course	Venue
	10:00-21:00	Registration all teams	Venue
	16:00 PREL	Technical meetings	Venue
	19:00-20:00	Opening ceremony	Victoria hall
<b>May 3, Friday</b>	9:00-18:00	Competition day Sanda and Taolu	Victoria hall
	19:00-21:00	General Assembly	Venue
<b>May 4, Saturday</b>	9:00-18:00	Competition day Sanda and Taolu	Victoria hall
<b>May 5, Sunday</b>	9:00-18:00	Competition day Sanda and Taolu	Victoria hall
	18:00	Closing ceremony	Victoria hall
<b>May 6, Monday</b>	>11:00	Departure day, all teams	Hotels

### 3. PARTICIPATION METHODS

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#### 3.1. MEMBERSHIP

- Only those member federations that have paid their WKFE annual membership fees for 2023 and 2024 will be permitted to participate in the championships.

#### 3.2. THE ELIGIBILITY OF THE ATHLETE

- All athletes and judges (except independent judges invited by the WKFE) must have citizenship of the country they represent.
- Athletes who have dual citizenship can only represent one (1) country/ region in the championships.

### 4. TEAM COMPOSITION

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- Each member federation can enter at most one (1) team, called “Team.”
- Each Team can comprise both Taolu and Sanda athletes.
- Each athlete can enter both additional traditional and modern Taolu events.
- Each Team shall comprise a maximum total of one hundred and twenty-two (122) members (apart from observers), with up to thirty-seven (37) members for each Modern Taolu and Sanda, sixteen (16) in Additional Traditional Taolu and thirty-two (32) in Light Sanda categories as follows:

Taolu (maximum 37 members):

- One (1) Team leader
- Two (2) Team coaches
- Two (2) Team doctors
- Sixteen (16) adult athletes, namely eight (8) men and eight (8) women
- Sixteen (16) junior athletes, namely eight (8) men and eight (8) women

Additional Traditional Taolu event (maximum 16 members):

- Eight (8) adult athletes, namely four (4) men and four (4) women
- Eight (8) junior athletes, namely four (4) men and four (4) women

Sanda (maximum 37 members):

- One (1) Team leader
- Two (2) Team coaches
- Two (2) Team Doctor
- Sixteen (16) adult athletes, namely eight (8) men and eight (8) women
- Sixteen (16) junior athletes, namely eight (8) men and eight (8) women

Light Sanda (maximum 32 members):

- Sixteen (16) adult athletes, namely eight (8) men and eight (8) women
- Sixteen (16) junior athletes, namely eight (8) men and eight (8) women

The number of registered observers is not limited.

## 5. COMPETITION RULES MODERN TAOLU

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### 5.1. AGE REQUIREMENTS MODERN TAOLU - ADULTS

There is no upper age limit for adult Taolu athletes (18 years old and above).

### 5.2. AGE REQUIREMENTS TAOLU – JUNIORS

- Taolu Junior Category C: years of birth: 2013, 2014, 2015, 2016
- Taolu Junior Category B: years of birth: 2010, 2011, 2012
- Taolu Junior Category A: years of birth: 2006, 2007, 2008, 2009

Athletes from the lower age categories in Taolu can participate in the higher age categories (not vice versa). It also applies to the adult category (18 years old and above).

### 5.3. MODERN TAOLU EVENTS - ADULTS

Each athlete may enter a maximum of four (4) of the following Taolu events:

- One (1) bare hand routine: Changquan, Taijiquan, Nanquan
- One (1) short weapon routine: Daoshu, Jianshu, Nandao, Taijijian
- One (1) long weapon routine: Gunshu, Qiangshu, Nangun
- One (1) choreographed sparring routine (Duilian).

### 5.4. MODERN TAOLU EVENTS – JUNIORS

Each athlete may enter a maximum of four (4) of the following Taolu events:

- Taolu Junior Category C (years of birth 2013, 2014, 2015, 2016): Elementary Routines No. 3: Changquan, Daoshu, Jianshu, Gunshu, Qiangshu, Nanquan, Nandao, Nangun.
- Taolu Junior Category B (years of birth 2010, 2011, 2012): 1<sup>st</sup> Set of International Wushu Competition Routines: Changquan, Daoshu, Jianshu, Gunshu, Qiangshu, Nanquan, Nandao, Nangun, 42 Taijiquan, 42 Taijijian, 24 Taijiquan, 32 Taijijian.
- Taolu Junior Category A (years of birth 2006, 2007, 2008, 2009): Optional Routines: Changquan, Daoshu, Jianshu, Gunshu, Qiangshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian, Taijishan (1<sup>st</sup>, 3<sup>rd</sup> Set of International Wushu Competition Routines, 42 Movements can also be performed), optional Duilian.

Each Team may enter at most one (1) male Duilian and one (1) female Duilian event total. Duilian events are divided into male and female categories. Mixed-sex Duilian are not allowed.

After the registration, categories with four (4) or fewer participants may be merged with other similar categories.

### 5.5. RULES MODERN TAOLU

Unless otherwise stated within these regulations, the competition will be conducted in accordance with the:

- IWUF Wushu Taolu Competition Rules & Judging Methods (Excerpt) 2019

For all Modern Taolu events, The Scoring Method and Criteria for Events Without Degree of Difficulty. Competition Rules & Judging Methods will be implemented.

## 5.6. MANDATORY TECHNIQUES

All Optional Taolu athletes are required to execute their optional routine's relevant compulsory/mandatory techniques, and failure to do so will result in deductions as stipulated in the Rules.

## 5.7. MUSIC ACCOMPANIMENT

Accompanying music will not be permitted for Taijiquan and Taijijian events, however there might be a background music, provided by the organizers. Athletes will not be penalized for lack of musical accompaniment.

## 5.8. ROUTINE TIME LIMITS

Adults:

- Changquan, Jianshu, Daoshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun Routines: no less than one (1) minute and twenty (20) seconds (1min. 20s).
- Duilian Routines: no less than 50 seconds.
- Taijiquan and Taijijian 3-4 minutes.

Juniors:

- Changquan, Jianshu, Daoshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun Routine: No less than one (1) minute and ten (10) seconds (1min 10s).
- Taijiquan, Taijijian, Taijishan Routine: 3–4 minutes.
- Taijiquan (24 movements) Routine: 4 – 5 minutes.
- Taijiquan (42 movements) Routine: 5 – 6 minutes.
- Duilian Routine: no less than 40 seconds.
- There is no time requirement for Elementary Routines (Taolu Junior Category C).

The Rules and Methods may be interpreted solely at the discretion of the WKFE.

## 6. COMPETITION RULES ADDITIONAL TRADITIONAL TAOLU EVENTS

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- Each athlete can enter additional traditional and modern Taolu events.
- Additional traditional Taolu events will have adults and juniors in category A ages.

### 6.1. AGE REQUIREMENTS TAOLU - ADULTS

There is no upper age limit for adult Taolu athletes (18 years old and above).

### 6.2. AGE REQUIREMENTS TAOLU – JUNIORS

- Taolu Junior Category A: years of birth: 2006, 2007, 2008, 2009

Each athlete may enter a maximum of two (2) of the following Taolu events in each age category:

- One (1) traditional bare-hand routine
  - May be split up into the following events:
    - Northern styles. Such as Shaolin routines, cha/hua/zha-quan, WuDang (with external characteristics), or similar
    - Southern styles. Such as Cailifo, HongJia, or similar (not including Yongchun)
    - Imitation styles. Such as Tanglangquan, Yingzhaoquan, Ditangquan or similar
- One (1) traditional short weapon routine
  - May be split up into the following events:
    - Short and Flexible weapons (daoshu, jianshu, jiujiebian, sanjiegun or similar)

Please note: long weapons, Wing Chun, self-made-up routines, Taiji and other styles not defined above are omitted and prohibited in this Traditional event.

- Each Team may enter at most two (2) athletes per event (bare hand / short weapon) and age category.
- The events may be split up into more granular or merged depending on the number of registrations.
- The name of the routine and/or style that will be performed has to be provided in the registration so the athlete will be placed in the correct event in case of splitting or merging events.

### 6.3. RULES IN TRADITIONAL TAOLU EVENTS

For the additional traditional Taolu events, the competition will be conducted according to the:

- Traditional Wushu Competition Rules and Judging Methods (Trail) 2019

### 6.4. ROUTINE TIME LIMITS

Individual event's routine durations must be between 40 seconds and 2 minutes in total.

### 6.5. UNIFORMS

Uniforms according to the traditional performed style are mandatory.

## 7. COMPETITION RULES SANDA

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### 7.1. SANDA

IWUF Wushu Sanda Competition Rules & Judging Methods (2017) will be adopted.

For Sanda Junior, please note the following amendments that apply, according to the Rules:

- No kick (leg technique) to the head
- Only one punch at the time
- *Please note:* According to the Law in Sweden, in the junior's category, it is not allowed to intentionally knock out the opponent with a punch to the head (full power techniques to the head are not allowed).

Each team may enter a maximum of one (1) athlete per weight category.

Each athlete may enter a maximum of one (1) weight division.

The competition will be Individual Competition.

The single knockout system will be adopted. If the number of competitors is three (3) or less, a single round-robin method will be adopted.

All Sanda athletes must weigh in daily during the competition.

### 7.2. SANDA UNIFORM & EQUIPMENT

- All competitors shall wear IWUF-approved clothing and protective gear. IWUF-approved clothing for men includes Sanda shorts and a vest; for women, it includes Sanda shorts and a t-shirt. The shorts and vest will be the same colour, red or blue.
- Competitors must provide their clothing, including one (1) set in red and one (1) in blue. Protective gear is separated into two colours, namely red and blue.

- Protective gear includes headgear, gloves, and a chest protector. The LOC will provide all; no personal protective gear is allowed.
- Competitors must provide gum guards, groin cups, and hand wraps.
- The groin cups must be worn under the trunks.
- The length of hand wraps shall be between 3.5m and 4.5m.

### 7.3. SANDA AGE CATEGORIES AND WEIGHT CLASSES

- Juniors – AGE 15-17 (Age on 3<sup>rd</sup> May 2024)
  - Male  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg
  - Female  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg
- Adults – AGE 18-40 (Age on 3<sup>rd</sup> May 2024)
  - Male  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg, 85 Kg, 90 Kg, +90 Kg
  - Female  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg

## 8. COMPETITION RULES LIGHT SANDA

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### 8.1. LIGHT SANDA

WKFE Light Sanda Competition Rules & Judging Methods will be adopted.

Each team may enter a maximum of one (1) athlete per weight category.

The same athlete can only enter Light Sanda or Sanda, not both.

Each athlete may enter a maximum of one (1) weight division.

The competition will be Individual Competition.

The single knockout system will be adopted. If the number of competitors is three (3) or less, a single round-robin method will be adopted.

All Light Sanda athletes must weigh in daily during the competition.

Please note the following amendments that apply according to the Rules:

- Controlled power shall be conducted, and full power is not allowed.
- Take-downs and throws over the shoulder are not allowed
- Shin guards are mandatory and provided by the LOC

### 8.2. LIGHT SANDA UNIFORM & EQUIPMENT

- All competitors shall wear IWUF-approved clothing and protective gear. IWUF-approved clothing for men includes Sanda shorts and a vest; for women, it includes Sanda shorts and a t-shirt. The shorts and vest will be the same colour, red or blue.
- Competitors must provide their clothing, including one (1) set in red and one (1) in blue. Protective gear is separated into two colours, namely red and blue.



- Protective gear includes headgear, gloves, chest protector and shin guards. The LOC will provide all.
- Competitors must provide gum guards, groin cups, and hand wraps.
- The groin cups must be worn under the trunks.
- The length of hand wraps shall be between 3.5m and 4.5m.

### 8.3. LIGHT SANDA AGE CATEGORIES AND WEIGHT CLASSES

- Juniors – AGE 15-17 (Age on 3rd May 2024)
  - Male  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg
  - Female  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg
- Adults – AGE 18-40 (Age on 3rd May 2024)
  - Male  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg, 85 Kg, 90 Kg, +90 Kg
  - Female  
48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg

## 9. JUDGES

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- 9.1. Each WKFE member is required to provide at least 1 (one) judge for its Taolu Team and 1 (one) judge for its Sanda Team.  
Example:  
1 Taolu team registered: 1 Taolu judge.  
1 Sanda team registered: 1 Sanda judge.  
1 Taolu and 1 Sanda team registered: 1 Taolu and 1 Sanda judge required.
- 9.2. Judges must be certified WKFE judges. They must have citizenship of the same nationality as the country they are representing.
- 9.3. WKFE may invite independent judges for the Taolu and Sanda competitions.
- 9.4. The judge's refresher course will take part before the competition - online certification and on-site refresher. The details and costs will differ from the participation fees and are TBA.

## 10. FINANCIAL INFORMATION

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The international airfare and related travel expenses, as well as accommodation/participation fees of all participants, shall be borne by the teams themselves.

Option 1: The fees below include meals, accommodation, and pickup/drop-off to and from the Arlanda airport (ARN). Please contact the LOC for instructions if you arrive at any other airport.

Option 2: includes only participation fees and pickup/drop-off to and from the Arlanda airport.

No shuttle bus will be between the hotel and the competition venue because all the hotels are within walking distance.

*Option 1*

All-inclusive accommodation fees are as follows:

- 170 € per person per day in a double room
- 220 € per person per day in a single room

All hotels are located 50 to 300 meters from the venue and have a gym, café, bar, and Wi-Fi facilities included, and represent 4-star quality.

#### Option 2

Only participation fees, including only pickup/drop-off, are as follows:

- 340 € per person.

According to the General Assembly's accepted financial plan for 2024, the WKFE participation fee per athlete on the EC will be an additional 100 Euros, payable to WKFE and collected by the Swedish Kung Fu & Wushu Federation, together with the registration fees.

All payments should be made at the latest on the registration final deadline of March 29 by bank transfer to the Swedish Kung Fu & Wushu Federation:

Svenska Kung fu- och Wushuforbundet Corporate no.: 802460-5712 IBAN: SE33 8000 0832 7970 4708 391 BIC (Swift): SWEDSESS Bank account: 8327-9,704 708 369-1	Bank name/address: Swedbank Box 12143 10224 Stockholm SWEDEN
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Please write the invoice number and country on the payment.

Important, please note: Late payments cannot guarantee participation in the 19EWC, and if possible, will come with an extra cost.

## 11. ENTRIES

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### 11.1. Preliminary entries

- The preliminary competition entries will be done in the competition system Smoothcomp.
- The complete preliminary information, including hotel booking, arrival information and soon, will be provided in an Excel template.

Deadline: 29 February 2024

### 11.2. Final entries

- The final competition entries will be done in the competition system Smoothcomp.
- The complete final information, including hotel booking, will be provided in an Excel template.

Deadline: 29 March 2024

## 12. AWARDING

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There will be separate awards for all the events.

The awarding will be conducted following the Rules unless stated otherwise.

Taolu:

- In categories with 3 participants only first 2 places will be awarded with medals
- In categories with 2 participants only first place will be awarded a medal.
- In categories with only 1 participant, no medals will be awarded.

Sanda/Light Sanda:

- In categories with 4 or more participants: 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places will be awarded.
- In categories with 3 participants (round-robin system): 3 medals will be awarded.
- In categories with 2 participants: 1<sup>st</sup> and 2<sup>nd</sup> places will be awarded.
- In categories with only 1 participant, no medals will be awarded.

## 13. APPEALS

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All appeals shall be done according to Rules enforced at the 19th EWC for each discipline (Taolu, traditional Taolu, Sanda, and Light Sanda).

## 14. INSURANCE AND MEDICAL DOCUMENTS

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All competitors must show a health certificate signed by a doctor to the organizer upon registration.

In English, the health certificate should state that the athlete is in good health condition to participate in the 19th European Wushu Championships (template attached).

The health certificate is only valid if issued 30 days or less before the competition.

## 15. ETHICS CODE

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All official team members, including observers, shall respect the WKFE Ethics Code. In addition to that, as the WKFE Bod voted to implement the IWUF and IOC Ethics Code, under the IOC Charter, all participants, including juniors, are bound by all Codes.

## 16. DOPING CONTROL

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Doping control will be conducted according to the requirements of the IWUF. All members of the official teams are required to abide by both the IOC's Code of Ethics and the WKFE ethics code. According to the Olympic Charter provisions, the disciplinary measures apply to ALL age groups, including those of the junior competitions. (IOC Code of Ethics: "The IOC Code of Ethics and Implementing Provisions apply to the Youth Olympic Games.")

## 17. COPYRIGHT POLICY

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All material associated with the 19th EWC, whether used or not, remains the property of the WKFE. This equally applies to all media rights and photographs and videos or any other form of reproduction, whether digital of 19th EWC Regulations or otherwise, howsoever reproduced at the time of the event, whether used then or at any later date and shall remain the property of the WKFE for its sole use for any purpose it may decide at its discretion. All event participants shall accept and abide by this rule as a condition of attendance.

## 18. OTHER NOTES

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Each team is required to bring the following:

- The original Final Entry Form signed by the President of the respective federation with the official seal of the federation;
- Passport for each participant;
- The 19<sup>th</sup> EWC “Waiver of Liabilities” for each participant;
- Medical documents and insurance as described in chapter 14 above;
- For competitors under 18, the parent or legal guardian must sign the written agreement for participation and the liability waiver.
- The interpretation of these rules shall be the sole responsibility of the WKFE Technical Committees for each corresponding discipline.

The 19th European Wushu Championships Rules and Regulations are developed by:

WKFE technical and judges’ committees

WKFE 19th EWC organizing committee.

Contact information:

SKWF Local host organizer: [info@19thewc.org](mailto:info@19thewc.org)

WKFE Organizer: [info@wkfe.org](mailto:info@wkfe.org)